



## **Policy on Intimate Care**

**“The policy on Intimate Care at APS is posted on the School’s web site and is available to all parents and prospective parents. A printed version of the policy can be supplied on request.”**

**This policy applies to the EYFS setting which includes Nursery, Pre-School and Reception.**

This policy has been written in conjunction with the Policy on Nappy Changing (Nursery).

At Altrincham Preparatory School we believe that all children need contact with familiar, consistent carers to ensure they can grow and develop socially and emotionally. At times children need to be cuddled, encouraged, held and offered physical reassurance.

Intimate care routines are essential throughout the day to meet children’s basic needs. This may include nappy changing, supporting children with toileting, changing clothes, and giving first aid treatment and specialist medical support, where required.

In order to maintain the child’s privacy, we will carry out the majority of these actions on a one-to-one basis, wherever possible, by the child’s key person or a member of staff working with the child’s class that the child feels safe and secure with. First aid treatment will be carried out by a qualified first aider.

We wish to ensure the safety and welfare of children during intimate care routines and safeguard them against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently. We aim to support all parties through the following actions:

- Promoting consistent and caring relationships through the key person system in the Nursery, Pre-School and Reception and ensuring all parents understand how this works.
- Ensuring all staff undertaking intimate care routines have suitable enhanced DBS checks.
- Training all staff in the appropriate methods for intimate care routines and arranging specialist training where required, i.e. first aid training, specialist medical support.
- Conducting thorough inductions for all new staff to ensure they are fully aware of all EYFS procedures relating to intimate care routines.
- Following up procedures through supervision meetings and appraisals to identify any areas for development or further training.
- Working closely with parents on all aspects of the child’s care and education. This is essential for intimate care routines which require specialist training or support. If a child requires specific support, a meeting will be arranged with the parent to discover

all the relevant information relating to this to enable the staff to care for the child fully and meet their individual needs.

- Ensuring all staff have an up-to-date understanding of safeguarding/child protection and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise these concerns as set out in the safeguarding/child protection policy.
- Operating a whistle blowing policy to help staff raise any concerns about their peers or managers; and helping staff develop confidence in raising worries as they arise in order to safeguard the children in the Nursery, Pre-School and Reception.
- Conducting informal observations on all aspects of Early Years operations to ensure that procedures are working in practice and all children are supported fully by the staff. This includes intimate care routines.
- Conducting regular risk assessments on all aspects of the Nursery, Pre-School and Reception, including intimate care and reviewing the safeguards in place. All the risks relating to intimate care routines are assessed and appropriate safeguards are put in place to ensure the safety of all involved.

If any parent or member of staff has concerns or questions about intimate care procedures or individual routines, please see the Nursery manager (Nursery) or the Deputy Head of Pre-Prep at the earliest opportunity.

This policy was compiled by Sue Kelly

Its implementation is the responsibility of **all** Class Teachers, the Nursery Manager, **all** Nursery Practitioners and **all** After School Care Practitioners.

It will be monitored for its effectiveness by the Head Master on behalf of the Governors

This policy is scheduled for review annually, or before if deemed necessary.

**Date Written/ Reviewed: September 2020**

**Date to be reviewed: September 2021**